HOLMWOOD RESIDENTS NEWSLETTER FEBRUARY 2017



Here's a word to make you wise, When you hear the woodman's cries.

Never heed his usual tale,
That he has good logs for sale,
But read these lines and really
learn,
The proper kind of logs to burn.

Oak logs will warm you well,
If they're old and dry.
Larch logs of pine will smell,
But the sparks will fly.

Beech logs for Christmas time,
Yew logs heat well.
"Scotch" logs it is a crime,
For anyone to sell.

Birch logs will burn too fast,
Chestnut scarce at all.
Hawthorn logs are good to last,
If you cut them in the fall.

Holly logs will burn like wax, You should burn them green, Elm logs like smouldering flax, No flame to be seen.

Pear logs and apple logs, They will scent your room, Cherry logs across the dogs, Smell like flowers in bloom

But ash logs, all smooth and grey,
Burn them green or old;
Buy up all that come your way,
They're worth their weight in gold.

Our Trip on the Waveney Stardust





In October 2016 we went on a trip on the Waveney Stardust. We started off at Beccles and cruised along the River Waveney. It was very quiet on the river and we didn't see many animals although we saw some Swans and enjoyed tea and biscuits as we cruised along.

We have two trips booked for 2017, both are from Norwich. The first trip is in May and the second one is in October. The transport can accommodate wheelchairs and walking frames so that anyone who would like to go on these trips will be able to.

ZOOTASTIC







In November '16' and February '17' we had visits from Zootastic who brought in some of their wonderful animals for us to see. It is always interesting to learn about the animals and to get to hold them. It was lovely to see everyone taking part and handling the animals (even the Tarantula)





MAKING GINGERBREAD HOUSES FOR CHRISTMAS







We had lots of fun during the christmas period. We had a trip to Highway nurseries to look at the christmas decorations, a Pantomime, local Bell Ringers and many carol singers.





Some of the residents helped with assembling and decorating the christmas trees.

ELVIS





Recently we have had visits from an Elvis impersonator. He has become very popular with residents and staff so we shall continue to book him. He encourages everyone to join in which they usually do as you can tell from the photographs. We are constantly looking for new acts to entertain you.

SENSORY GARDEN

The Sensory gardens paths are now in place and with the better weather approaching we will be looking at planting and structure options. Once finished it will be a lovely interesting place to relax in or walk around..



Missed By All

Very sadly we have had to say goodbye to , Mr Clary Kerridge, Mrs Phyllis Sayer, Mr Jim Lever and Mr Frank Cannell.

<u>A Warm Welcome</u>

We would like to welcome Mrs Nada Cheyne, Mr John Wells, Mrs Elaine Whiting, Mr Norman Boast, Mrs Lidy Palmer, Mr Reginald Chapman and Mrs Myrian Plumb.